

# SALAH (PRAYER)

Character Building - Level 3A

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# Conditions for Salah – Compulsory five times daily

1. To make Wudu if necessary
2. To make Ghusl if necessary
3. Taharah (cleanliness) of body (both seen and unseen) and dress
4. Taharah (cleanliness) of place
5. Facing towards the QIBLAH
6. Covering the awrah so that the body is not defined
  - A male's awrah is from the navel to the knee (including knee)
  - A female's awrah is her entire body except the face and hands to the wrist
7. Niyyah (intention) for that specific prayer
8. Performing Salat at the prescribed times

If any of these conditions is omitted, Salat will not be accepted.

# Wudhu - Ablution

- Performing wudhu is the 1<sup>st</sup> and essential step of Salah
- Wudhu itself is an act of worship, and wash away minor sins
- Make sure not to waste water

## Duas of Wudu (Ablution)

Before performing Wudu

1 **بِسْمِ اللَّهِ**  
In the name of Allah

Du'as after performing Wudu

2 **أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ**

I testify that there is no God but Allah Alone, He has no partner, and I testify that Muhammad is His slave and His Messenger

3 **اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ**

O Allah! make me of those who turn to You in repentance, and make me of those who are purified

4 **سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ**

Glorify to You O Allah & Praise, I testify that there is no God but You, I seek Your forgiveness and turn to You in repentance

Sunan An-Nasa'i, Book of Purification, Hadith No. 78  
Sunan Abu Dawood, Purification (Kitab Al-Taharah), Hadith No. 101  
Sunan Ibn Majah, The Chapters of Purification and its Sunnah, Hadith No. 387 and 388

Sahih Muslim, The Book of Purification, Hadith No. 234  
Sunan Abu Dawood, Purification (Kitab Al-Taharah), Hadith No. 169  
Sunan An-Nasa'i, Book of Purification, Hadith No. 148  
Sunan Ibn Majah, The Chapters of Purification and its Sunnah, Hadith No. 469 and 470

Sunan At-Tirmidhi, Taharah (Purification), Hadith No. 55

An-Nasai Amulul Yaum wal Laylah, Chapter of making dua after wudu  
Saheeh al-Jame'ah (2/2), al-Salaah al-Salaah (2/33)

**STEP 1**



**BEFORE WUDHU** Intention of making wudu' should be done in the heart, then say:

*Bismillah*  
In the name of Allah

بِسْمِ اللَّهِ

**STEP 2**



x3 Completely washing the hands including the wrists and between the fingers (3 times).

**STEP 3**



x3 Rinse the mouth (3 times). Using the right hand, put a small amount of water into the mouth, swirl around, then expel.

**STEP 4**



x3 Sniff water into the nostrils as far as possible with the right hand, and then sniff it out with left hand (3 times).

**STEP 5**



x3 Wash the face from forehead to chin, left earlobe to the right earlobe making sure the whole face is washed (3 times)

**STEP 6**



x3 Wash the two arms up to and including the elbows, hand and between the fingers. Begin with the right arm (3 times for each arm).

**STEP 7**



x1 Wipe the head with wet fingers starting at the fringe to the back hairline and back the same way all in one movement. (once only)

**STEP 8**



x1 Simultaneously wipe the insides of both ears with the index fingers, and the back of the ears with the thumbs (once only).

**STEP 9**



x3 Wash the feet including the ankles and between the toes. Begin with the right foot. (3 times for each foot).

**TANZEEM UL IRSHAD**

[www.tanzeemulirshad.com](http://www.tanzeemulirshad.com)

# Wudhu - Ablution

## Fards in Wudhu - If a Fard is left out, the wudhu is incomplete

- Washing the whole face (from the forehead to chin and from one ear to the other)
- Washing the two arms including the elbow once
- Doing Masah of a quarter of the head once
- Washing both feet including the ankle once

## Fresh Wudhu is needed after

- Natural discharge (e.g. urine, stool, gas, etc.)
- Flow of blood or pus from any part of the body
- Vomiting a full mouthful
- Falling into a deep sleep

## Tayammum (dry Wudhu) [know 8 steps on pg. 83]

- Not much Salaah time is left , and no water to make wudhu
- Available water is needed for drinking
- Using water for wudhu could make one sick

## Fards in Tayammum

- Niyyah
- Striking both hands on earth and rubbing them on the face
- Striking both hands on earth and rubbing both forearms including elbows

## Items on which Tayammum is permitted

- Earth, sand, stone, clay, walls of mud, stone or brick, baked earthen unglazed pots

## Items on which Tayammum is NOT permitted

- Wood, metal, glass, food items, anything which burn to ash, rot, or melt

# Acts Disliked in Salaah

- Saying Salaat bare-headed due to laziness or carelessness
- Playing with clothes or body
- Performing Salaat when one has the urge to urinate or pass stool
- Turn the face away from Qibla and looking around
- For men to rest both arms and wrists on the ground during sujood
- Performing Salaat in clothes with pictures of living objects on them
- To yawn or stretch arms
- Performing Salaat at a place where there is a picture of a living object in front where he makes sujood

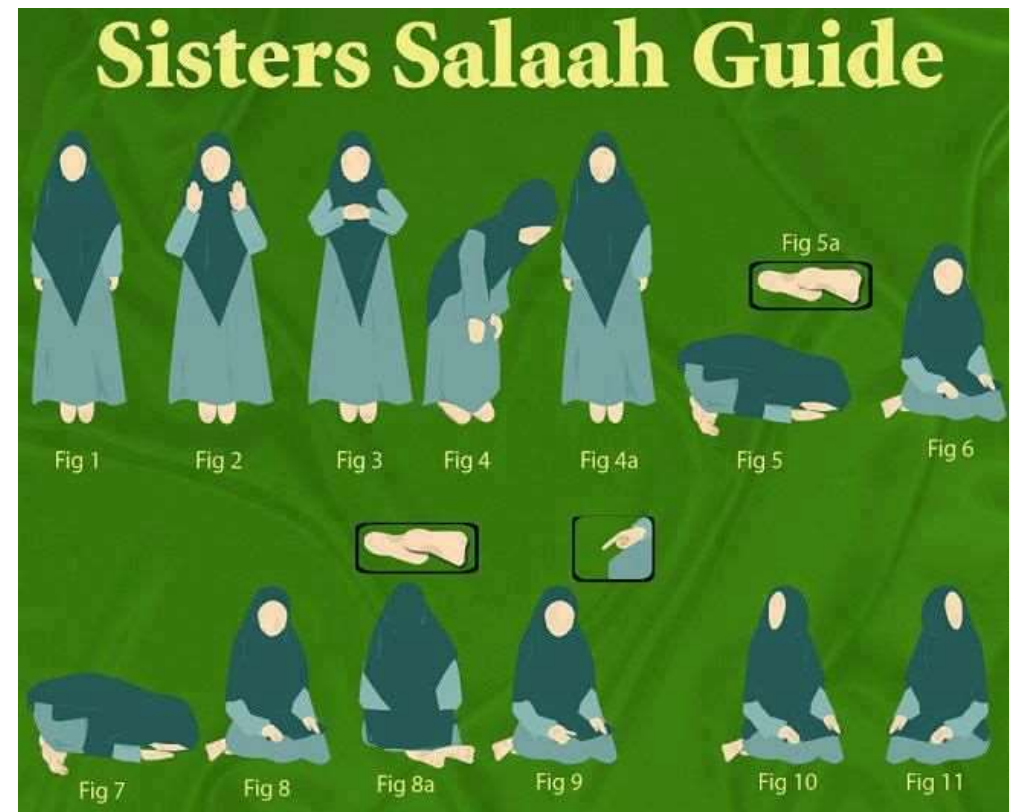
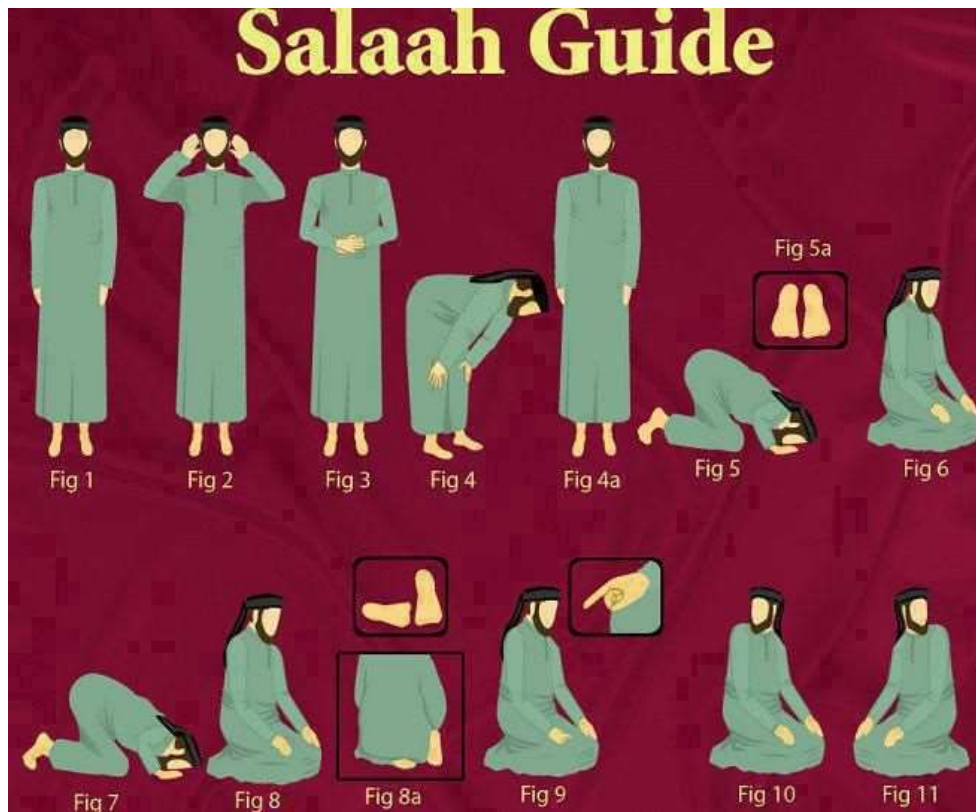
# Number of Rakats in 5 Daily Salaah

LEGEND				
Fard	Mu'akkadah	Waajib	Ghair - Mu'akkadah	Nafil
(Compulsory)	(Essential)	(Obligatory)	(Optional)	(Optional)
Name of Salaat	Sunnah	Fard	Sunnah	Witr
Fajr	2	2		
Zuhr	4	4	2	
Asr	4	4		
Maghrib		3	2	
Isha	4	4	2	3
Jummah (Friday)	4	2	4	

- No Nafil Salaat to be performed after Fard of Fajr up to about 10 – 15 mins after sunrise
- No Salaat to be performed at Zawaal (when the sun has reached the highest point)
- No Nafil Salaat to be performed between Asr and Maghrib



# Steps and Positions during Salah



# First Rakat -

## Step 1- making Niyyah (intention)



Stand in a clean place facing the Qiblah and say in your heart (not out loud):

**“I intend to make (two/ three/ four) rakat of (Fard/Sunnah) for (Fajr/Zuhr/Asr...) for Allah’s sake turning my face towards the Qiblah”**





## Step 2 – Takbeerat (for the first rakat only)



After Niyyah, raise hands to ears (man)/ to shoulder (woman), facing your palms towards the Qibla, and say:

اَللّٰهُ اَكْبَرُ

**“Allahu Akbar”** (Allah is the Greatest)



## Step 3 – Qiyam (standing)



Recite **Thana** quietly at the beginning of the first rakat only:

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ وَتَعَالَى جَدُّكَ وَلَا إِلَهَ غَيْرُكَ

**"Subhanaka allahumma wa bi hamdika wa tabara kasmuka wa ta'ala jadduka wa la ilaha ghairuka."**

(Allah Glory be to you O Allah! And Praise be to you: Blessed is your name and Exalted is your majesty, and there is none worthy of worship besides You)

Then, quietly recite:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ **"A'udhu billahi minash shaitanir rajim."**

(I seek refuge in Allah from the rejected Shaitan)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ **"Bismillahir rahmanir rahim."**

(In the name of Allah, the most Gracious, the most Merciful)

After this, recite **Surah al-Fatihah** and a short **Surah (or any passage from the Quran at least 3 ayats)** in the order of sequence as in the Quran



## Step 4 – Ruku



Say **"Allahu Akbar"**, then bend down, keeping hands on the knee and silently say **three** times:

سُبْحَانَ رَبِّيَ الْعَظِيمِ ط

**"Subhana Rabbiyal Adhim"** (How Perfect is my Lord, the Supreme)

Keep your head in line with your back and look downward towards your toes.



## Step 5 – Qawmah (Short Standing)



Stand up from the Ruku position saying:

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ  رَبَّنَا لَكَ الْحَمْدُ ط

**"Sami'Allahu liman hamidah"** (Allah hears those who praise Him)

**"Rabbana lakal hamd."** (Our Lord, praise be to You)



## Step 6 – First Sajdah (First Prostration)



Prostrate on the floor saying: **"Allahu Akbar"** with your forehead, nose, palms of both hands, knees, and toes all touching the floor, silently say **three** times:

سُبْحَانَ رَبِّيَ الْأَعْلَى ط

*"Subhana Rabbiyal A'la"* (How Perfect is my Lord, the Highest)



## Step 7 – First Jalsah (Short Sitting)



Sit up from the first sajdah saying: **“Allahu Akbar”**, sit upright with your knees bent and palms place on them for a short moment, then move to the second sujood position.



## Step 8 – Second Sajdah (Second Prostration)



Prostrate on the floor saying: **“Allahu Akbar”** with your forehead, nose, palms of both hands, knees, and toes all touching the floor, silently say **three** times:

سُبْحَانَ رَبِّيَ الْأَعْلَى ط

**"Subhana Rabbiyal A'la"** (How Perfect is my Lord, the Highest)

Stand up from the sujood saying: **“Allahu Akbar”**

This completes the first Rakat of Salah.





# Second Rakat

- After the 1<sup>st</sup> rakat, stand up from the sujood saying: **“Allahu Akbar”**
- Qiyam - same way as the 1<sup>st</sup> rakat, **without saying Thana**
- Ruku - same way as the 1<sup>st</sup> rakat
- Qawmah - same way as the 1<sup>st</sup> rakat
- First Sajdah - same way as the 1<sup>st</sup> rakat
- Short Jalsah
- Second Sajdah - same way as the 1<sup>st</sup> rakat, however, do not stand up, just sit up
- **Long Jalsah and recite Tashahhud and Salat ul-Ibrahimiyyah (Durood Shareef) and Dua quietly**

# Tashahhud

اَلتَّحِيَّاتُ لِلّٰهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ اَلسَّلَامُ عَلَیْكَ اَیُّهَا النَّبِیُّ وَرَحْمَةُ اللّٰهِ وَبَرَكَاتُهُ ط اَلسَّلَامُ عَلَیْنَا وَعَلٰی عِبَادِ اللّٰهِ الصّٰلِحِیْنَ  
اَشْهَدُ اَنْ لَا اِلٰهَ اِلَّا اللّٰهُ وَاَشْهَدُ اَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُوْلُهُ ط



***"At-Tahiyyatu lillahi was- Salawatu wat-Tayyibatu. As-Salamu ' alaika ayyuhannabiyyu wa rahmatullahi wa barakatuhu. Assalamu 'alaina wa'ala ibadil Lahis –Salihin  
ash hadu al-La ilaha il-Lal lahu wa ash hadu anna Muhammadan abduhu wa rasuluhu."***

This means: "Greetings, prayers and goodness belong to Allah. Peace be on you, O Prophet and the mercy of Allah and His blessings. Peace be on us and on the righteous servants of Allah.

I bear witness that there is no god but Allah, and bear witness that Muhammad is His servant and Messenger."

# Salat ul-Ibrahimiyyah (Durood Shareef)



اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَعَلٰى اٰلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلٰى اِبْرَاهِيْمَ وَعَلٰى  
اٰلِ اِبْرَاهِيْمَ اِنَّكَ حَمِيْدٌ مَّجِيْدٌ ۝ اَللّٰهُمَّ بَارِكْ عَلٰى مُحَمَّدٍ وَعَلٰى اٰلِ  
مُحَمَّدٍ كَمَا بَارَكْتَ عَلٰى اِبْرَاهِيْمَ وَعَلٰى اٰلِ اِبْرَاهِيْمَ اِنَّكَ حَمِيْدٌ مَّجِيْدٌ ۝



***"Allahumma salli 'ala Muhammadin Wa 'ala ali Muhammadin Kama sallaita 'ala Ibrahima wa 'ala ali Ibrahima  
Innaka hamidun Majid. Allahumma barik 'ala Muhammadin wa 'ala ali Muhammadin Kama barakta 'ala  
Ibrahima Wa 'ala ali Ibrahima Fil a'lamina Innaka hamidun Majid."***

This means: "O Allah, let Your mercy come upon Muhammad and the family of Muhammad as You let it come upon Ibrahim and the family of Ibrahim. O Allah, bless Muhammad and the family of Muhammad as You blessed Ibrahim and the family of Ibrahim. Truly You are Praiseworthy and Glorious."

# Dua after Salat ul-Ibrahimiyyah (Durood Shareef)



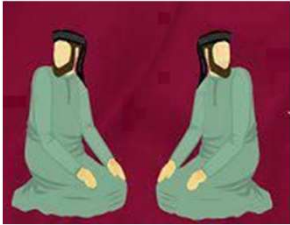
اَللّٰهُمَّ اِنِّیْ ظَلَمْتُ نَفْسِیْ ظُلْمًا کَثِیْرًا  
وَ اِنَّکَ لَا یَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ فَاعْفِرْ لِیْ  
مَغْفِرَةً مِنْ عِنْدِکَ وَ اَرْحَمَنِیْ اِنَّکَ  
اَنْتَ الْغَفُوْرُ الرَّحِیْمُ



***"Allahumma inni zalamtu nafsi zulman kathiran wa innahu la yaghfiruz-Zunuba illa anta, Faghfirli maghfiratan min indika war-hamni, innaka Antal Gafur-Rahim."***

This means: "O Allah, I have wronged myself greatly and no one forgives sins except You, so grant me for forgiveness from you, and have mercy on me, for You are the very Forgiving and most Merciful."

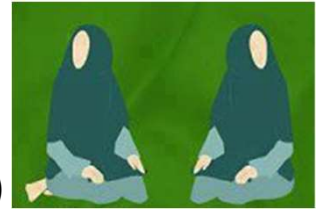
# Salaam



Turn your face to look at your **right** shoulder saying:

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ ط

*"Assalamu alaikum wa rahmatullah"* (peace and mercy of Allah be on you)



Turn your face to look at your **left** shoulder saying:

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ ط

*"Assalamu alaikum wa rahmatullah"* (peace and mercy of Allah be on you)

This completes the two-Rakah Salah. (e.g. Fajr)

# Three and Four- Rakah Salah

- In the three or four-Rakah salah (Dhuhr, Asr, Maghrib, and Isha), the whole two-rakah procedure is repeated, except after Tashahhud, say “Allahu Akbar” and stand up for the third rakat.
- Recite only Surat Al-Fatiha (no other Surah) in Fard Salat (Surat Al-Fatiha and a short Surah in Sunnah and Witr Salat)
- Continue doing the rest of actions, then stand up for the fourth Rakat.
- In the last Rakat of any prayer finish with Tashahhud, Salat ul-Ibrahimiyyah (Durood Shareef), Dua, and Salaam.
- After Salah, it is of great blessing to say SubhanalAllah (33 times), Alhumdullilah (33 times), Allahu Akbar (34 times), and make Dua (asking anything from Allah SWT).

# Witr Salat

- After Isha Salat, just before going to sleep, or in the middle of the night
- It is a Wajib
- Three-rakah, the third rakat is a little different than the maghrib salat
- After reading the Surat al-Fatihah and a short Surah in the third rakat, do not go into Ruku
- Instead, say “Allah Akbar” (raise hand like at the beginning of the first rakat), then with the Qiyam position, read Dua Qunut
- After Dua Qunut, make Ruku, and finish the third rakat as usual
- Memorize Dua Qunut (page 152 text book)



# Some Nafil Salat

Name	Time	Number of Rakats
Tahiyyat ul-Masjid	When entering a masjid	2
Tahiyyat ul-Wudu	After making wudu	2
Salat ul-Israq	15 – 20 min after sunrise	2 or 4
Salat ud-Duha	Right before noon	2 or 4
Awwabin	After Sunnah prayers of maghrib	6
Tahajjud	After midnight	4 to 12
Salat ul-Tasbih*	Anytime	4

\*The way Salat ul-Tasbih is performed is a little different than the usual Salat.

# Summer Goals

- TRY TO PERFECT THE SALAT INSHA-ALLAH
  - Make sure you know the right positions for each steps
- Memorize
  - Thana
  - Surat al-Fatiha
  - Some short Surahs
  - Tashahhud
  - Durood Shareef and Dua after
  - Dua Qunut